

## Age-Friendly Shepherdstown Meeting Minutes

May 27, 2026

1:30 p.m.

Zoom

### Attending

Members: Marty Amerikaner, Marcy Bartlet, Leigh Ann Evanson, Jan Hafer, and Linda Spatig

Guest: Lois Spreen

1. Linda introduced Lois Spreen to the committee. Lois has applied to become a member of the committee, and we all welcomed her.
2. We unanimously approved minutes of the April meeting.
3. Old Business
  - a. 2026 Action Plan. Linda shared the plan draft and members offered suggestions for revisions. We agreed to add a new theme related to health and medical services. We agreed to include a biennial safety/fall prevention audit and a new AARP Community Assessment Survey. Linda thanked Marcy for the edits she had emailed prior to the meeting and thanked Leigh Ann for her work mapping the alignments between our action plan and Shepherdstown's 2025 Comprehensive Plan.
4. New Business
  - a. AFS Committee or Advisory Board. We discussed the possibility of changing from being a Town Council and SAIL standing committee to being a Shepherdstown Age-Friendly Advisory Board. By AARP guidelines, we are to serve primarily in an advisory and advocacy role, advocating for programs, actions, and policies that move Shepherdstown toward increasingly greater livability for people of all ages and abilities. We agreed that it was important for any change in status/title to be accompanied by policies and/or processes that keep us in close connection with both Town Council and Shepherdstown Area Independent Living, giving us a voice in both. We agreed to continue to explore this possibility.
5. **Next Meeting: June 17, 2026, 130, Zoom**