Youth and Family Services



Antoinette McCabe
Director

East Haddam Youth and Family Services (EHYFS) is responsible for the planning, evaluation, coordination, and implementation of resources and services for East Haddam youth and families through multiple preventions, intervention, and outreach programs and in collaboration with local, regional, state, and federal partners. We envision a community where all members feel connected and valued and where the entire community supports the well-being of its citizens. We believe that healthy growth & development are fostered when adolescents have developed a sense of competency, a feeling of connectedness to others, a belief in their control over their fate, and a stable identity. Our programs aim to give young people the chance to build skills, exercise leadership, form relationships with caring adults, and help their communities while creating and enhancing opportunities that advance the quality of life for all of East Haddam's citizens.

Staffing:

- Director (full time)
- Prevention and Youth Coordinator (full time)
- Mental Health Counselor (full time)
- Administrative Assistant (part-time)
- Bookkeeper (Contracted Services: part-time)
- Foodbank manager (Contracted Services: part-time)
- Drug/Alcohol Counselor (Contracted Services: part-time)

Fiscal Year 2021-2022 Major Service Level Accomplishments

The following Programs and Services were provided to the East Haddam community:
Counseling Services:

- School and community-based mental health counseling and referral
- School-based drug and alcohol counseling
- Parent education and support programs
- Collaboration with regional mental health and drug/alcohol treatment providers
- Advocacy and referral

Juvenile Review Board (Diversion from Criminal Justice system for youthful offenders)
Truancy Intervention

Social Services: In the absence of a formal social service department, EHYFS has become the default agency to provide intervention and advocacy for residents with financial, food, rent, utility, housing, and other issues.

- Intervention and Case Management
- Information and referral
- Liaison with Salvation Army
- Oversight and administrative support to the EH Food Bank
- Collaboration with regional and state agencies to address needs beyond local resources

Positive youth development programs for high school and middle school-age youth
Oversight of Local Prevention Council:

- Social media and marketing campaigns to address youth drug/alcohol use
- School and community-based education programs, including presentations, workshops, videos, training, community conversations, and town hall meetings
- Police training and party patrols
- Grant writing and reporting
- Creation and distribution of educational and informational materials
- Collaborations with community stakeholders

Grant writing and reporting. Administered Federal and regional grants to support the work of the Local Prevention Council.
Partnerships with EH police, schools, town leaders and departments, faith and civic organizations, parent and youth groups.
Collaborations with other local providers, and regional and state organizations

On-going In-Person and virtual presentations, workshops, videos, webinars, informational materials, etc. Topics include, but are not limited to, mental health, substance use, general health and well-being, parenting, etc.

Fiscal Year 2022-2023 Major Service Level Goals

- Resume community engagement in Choose Wellness initiative.
- In partnership with the Boards of Selectmen and Finance, expand and enhance social services in East Haddam, including hiring a part-time social services coordinator.

Expenditures by Expense Type

The Board of Finance approved a transfer of $7,800 to Youth and Family Services to assist in support of the Food Bank for six months in the fiscal year 2020-2021. The fiscal year 2021-2022 budget reflects funding that position for the entire fiscal year.

Name	Account ID	FY2020 Actual	FY2021 Actual	FY2022 Actual	FY2023 Budgeted	FY24 Requests 2-13 c (General Fund)	FY2023 Budgeted vs. FY24 Requests 2-13 c (General Fund) ($ Change)	FY2023 Budgeted vs. FY24 Requests 2-13 c (General Fund) (% Change)
Expense Objects								
Miscellaneous								
YOUTH AND FAMILY SERVICES	10544020-58820	$201,154	$210,442		$231,406	$245,682	$14,276	6.2%
SPECIAL PROGRAM	10592020-58820			$227,509		$0	$0	N/A
Total Miscellaneous:		**$201,154**	**$210,442**	**$227,509**	**$231,406**	**$245,682**	**$14,276**	**6.2%**
Total Expense Objects:		**$201,154**	**$210,442**	**$227,509**	**$231,406**	**$245,682**	**$14,276**	**6.2%**