Youth and Family Services



Antoinette McCabe
Director

East Haddam Youth and Family Services (EHYFS) is responsible for the planning, evaluation, coordination, and implementation of resources and services for East Haddam youth and families through multiple preventions, intervention, and outreach programs and in collaboration with local, regional, state, and federal partners. We envision a community where all members feel connected and valued and where the entire community supports the well-being of its citizens. We believe that healthy growth & development are fostered when adolescents have developed a sense of competency, a feeling of connectedness to others, a belief in their control over their fate, and a stable identity. Our programs aim to give young people the chance to build skills, exercise leadership, form relationships with caring adults, and help their communities while creating and enhancing opportunities that advance the quality of life for all of East Haddam's citizens.

Staffing:

- Director (full time)
- Prevention and Youth Coordinator (full time)
- Mental Health Counselor (full time)
- Social services Coordinator (part-time)
- Administrative Assistant (part-time)
- Bookkeeper (Contracted Services: part-time)
- Foodbank manager (Contracted Services: part-time)
- Drug/Alcohol Counselor (Contracted Services: part-time)

Fiscal Year 2023-2024 Major Service Level Accomplishments

The following Programs and Services were provided to the East Haddam community:
- Counseling Services:
    - School and community-based mental health counseling and referral
    - School-based drug and alcohol counseling
    - Parent education and support programs
    - Collaboration with regional mental health and drug/alcohol treatment providers
    - Advocacy and referral
- Juvenile Review Board (Diversion from Criminal Justice system for youthful offenders)
- Truancy Intervention
- Social Services: Through the Everett L. and Irene L. Herden Fund, a field of interest fund at the Community Foundation of Eastern Connecticut, EHYFS has hired a part-time social services coordinator who will facilitate a more comprehensive service referral and delivery system for community members who need assistance with financial, food, rent, utility, housing, and other issues. Services include:
    - Intervention and Case Management
    - Information and referral
    - Liaison with Salvation Army
    - Oversight and administrative support to the EH Food Bank
    - Collaboration with regional and state agencies to address needs beyond local resources
- Positive youth development programs for high school and middle school-age youth
- Oversight of Local Prevention Council:
    - Social media and marketing campaigns to address youth drug/alcohol use
    - School and community-based education programs, including presentations, workshops, videos, training, community conversations, and town hall meetings
    - Police training and party patrols
    - Grant writing and reporting
    - Creation and distribution of educational and informational materials
    - Collaborations with community stakeholders
- Grant writing and reporting. Administered Federal and regional grants to support the work of the Local Prevention Council.
- Partnerships with EH police, schools, town leaders and departments, faith and civic organizations, parent and youth groups. Collaborations with other local providers, and regional and state organizations

On-going In-Person and virtual presentations, workshops, videos, webinars, informational materials, etc. Topics include, but are not limited to, mental health, substance use, general health and well-being, parenting, etc.

Fiscal Year 2024-2025 Major Service Level Goals

- Maintain all current programs and services..
- In partnership with the East Haddam school district, expand community-based supports to address attendance issues in elementary, middle and high schools.
- Maintain prevention work through the Local Prevention Council.
- Explore funding resources to sustain the work of the Local Prevention Council beyond the current STOP ACT grant
- In partnership with the Community Foundation of Eastern Connecticut and the Boards of Selectmen and Finance, continue to develop and improve the delivery of social services in East Haddam.

Additional Budget Information

6.2 % increase in general fund budget request allows for hiring of a new part-time case manager position, 10 hours/week @ $25/hour. Case Manager would provide direct services in partnership with East Haddam schools for Truancy intervention. These services have been provided by the EHYFS Director for the last two years without compensation. The addition of a dedicated position would allow for improved services, coordination of services, and follow-up.

Youth and Family Services Budget - Including Other Funds	2022-23 Request	2023-24 Request	$ Change	% Change	Notes
Revenue:					
Town of East Hadam	231,406	245,682	14,276	6.2%	
DCF	18,000	23,794	5,794	32.2%	
East Haddam Board of Education	8,000	8,000	-	0.0%	
EHYFS Donations	10,000	10,000	-	0.0%	Carryover from prior year
Unexpended Salary Funds	0	25,000	25,000		
Ameritrade	30,000	0	(30,000)		
Total Revenue	**297,406**	**312,476**	**15,070**	**5.1%**	
Expenditures					
Salaries/Wages/Benefits-add FICA	218,476	232,029	13,553	6%	Includes New Case Manager Position
Utilities	7,700	7,700	-	0%	
Insurance	3,500	3,500	-	0%	
Accountant	3,000	3,000	-	0%	
Memberships, Conferences	750	750	-	0%	
Office Management	6,500	6,500	-	0.0%	
Maintenance and Repairs	2,000	2,000	-	0%	
Contracted Services-Drug/Alcohol Counselor	20,597	20,597	-	0%	
Contracted Services-Bookkeeper	10,000	10,000	-	0%	
Contracted Services-Food Bank	15,600	15,600		0%	
Contracted Services-Counselor Supervisor	1,200	1,200	-	0%	
Health Insurance	7,983	9,600	1,617	20%	
Total Expenditures	**297,306**	**312,476**	**15,170**	**5.1%**	

Expenditures by Expense Type

The Board of Finance approved a transfer of $7,800 to Youth and Family Services to assist in support of the Food Bank for six months in the fiscal year 2020-2021. The fiscal year 2021-2022 budget reflects funding that position for the entire fiscal year.

Name	Account ID	FY2022 Actual	FY2023 Actual	FY2024 Budgeted	FY2025 Budgeted	FY 23-24 Approved Budget vs. FY 24-25Budgeted (% Change)	FY 23-24 Approved Budget vs. FY 24-25 Budget ($ Change)
Expense Objects							
Miscellaneous							
YOUTH AND FAMILY SERVICES	10544020-58820			$238,312	$244,559	2.6%	$6,247
SPECIAL PROGRAM	10592020-58820	$227,509	$231,406	$0	$0	0%	$0
Total Miscellaneous:		**$227,509**	**$231,406**	**$238,312**	**$244,559**	**2.6%**	**$6,247**
Total Expense Objects:		**$227,509**	**$231,406**	**$238,312**	**$244,559**	**2.6%**	**$6,247**