Youth and Family Services

Antoinette McCabe
Director

East Haddam Youth and Family Services (EHYFS) is responsible for the planning, evaluation, coordination, and implementation of resources and services for East Haddam youth and families through multiple prevention, intervention, and outreach programs and in collaboration with local, regional, state, and federal partners. We envision a community where all members feel connected and valued and where the entire community supports the well-being of its citizens. We believe that healthy growth & development are fostered when adolescents have developed a sense of competency, a feeling of connectedness to others, a belief in their control over their fate, and a stable identity. Our programs aim to give young people the chance to build skills, exercise leadership, form relationships with caring adults, and help their communities while creating and enhancing opportunities that advance the quality of life for all of East Haddam's citizens.

Staffing:

- Director (full time)
- Prevention and Youth Coordinator (full time)
- Social Worker (fpart-time)
- Social Services Coordinator (part-time)
- Administrative Assistant (part-time)
- Bookkeeper (Contracted Services: part-time)
- Foodbank manager (Contracted Services: part-time)
- Drug/Alcohol Counselor (Contracted Services: part-time)

Fiscal Year 2024-2025 Major Service Level Accomplishments

The following Programs and Services were provided to the East Haddam community:

- Counseling, Education, and Support Services:
    - School and community-based mental health referral
    - School-based drug and alcohol counseling
    - Parent education and support programs
    - Collaboration with local and regional mental health and drug/alcohol treatment providers
    - Advocacy and referral
    - Collaboration with East Haddam schools and police.
- Juvenile Review Board (Diversion from Criminal Justice system for youthful offenders)
- Truancy Intervention
- Social Services: Through the Everett L. and Irene L. Herden Fund, a field of interest fund at the Community Foundation of Eastern Connecticut, EHYFS has hired a part-time social services coordinator who will facilitate a more comprehensive service referral and delivery system for community members who need assistance with financial, food, rent, utility, housing, and other issues. Services include:
    - Intervention and Case Management
    - Information and referral
    - Liaison with Salvation Army, Food Bank, Clothing Bank and Fuel Bank
    - Oversight and administrative support to the EH Food Bank
    - Collaboration with regional and state agencies to address needs beyond local resources to address food, fuel,housing insecurities.
- Positive youth development programs for high school and middle school-age youth
- Oversight of Local Prevention Council:
    - Social media and marketing campaigns to address youth drug/alcohol use
    - School and community-based education programs, including presentations, workshops, videos, training, community conversations, and town hall meetings
    - Police training and party patrols
    - Grant writing and reporting
    - Creation and distribution of educational and informational materials
    - Collaborations with community stakeholders
- Grant writing and reporting. Maintained and administered Federal and regional grants to support the work of the Local Prevention Council.
- Partnerships with EH police, schools, town leaders and departments, faith and civic organizations, parent and youth groups.
- Collaborations with other local providers, and regional and state organizations
- On-going In-Person and virtual presentations, workshops, videos, webinars, informational materials, etc. Topics include, but are not limited

  mental health, substance use, wellness, parent education and support.

Fiscal Year 2025-2026 Major Service Level Goals

- Maintain all current programs and services.
- Hire Social Worker to increase community-based supports for East Haddam families.
- In partnership with the East Haddam school district, maintain community-based support to address attendance issues in elementary, middle and high schools.
- Maintain prevention work through the Local Prevention Council.
- Maintain the work of the Juvenile Review Board.
- Explore funding resources to sustain the work of the Local Prevention Council beyond the current STOP ACT grant
- In partnership with the Community Foundation of Eastern Connecticut and the Boards of Selectmen and Finance, expand the delivery of social services in East Haddam.

Additional Budget Information

6.2 % increase in general fund budget request allows for hiring of a new part-time case manager position, 10 hours/week @ $25/hour. Case Manager would provide direct services in partnership with East Haddam schools for Truancy intervention. These services have been provided by the EHYFS Director for the last two years without compensation. The addition of a dedicated position would allow for improved services, coordination of services, and follow-up.

Youth and Family Services as produced by Youth and Family Services

Youth and Family Services Budget								
	2023-24		2024-25					Notes
	Request		Request		$ Change		% Change	
Revenue:								
Town of East Hadam	238,312		244,559		6,247		2.6%	
DCF	23,794		23,794		-		0.0%	
East Haddam Board of Education	8,000		8,000		-		0.0%	
EHYFS Donations	10,000		10,000		-		0.0%	
Unexpended Salary Funds	32,000		26,000		(6,000)		-18.8%	
Total Revenue	**312,106**		**312,353**		**247**		**0.1%**	
Expenditures								
Salaries/Wages	215,020		201,074		(13,946)		-6%	
FICA	16,449		15,382		(1,067)		-6%	
Rent	0		12,000		12,000			
Utilities	7,700		9,000		1,300		17%	
Insurance	3,500		3,000		(500)		-14%	
Accountant	3,000		3,100		100		3%	
Memberships, Conferences	750		800		50		7%	
Office Management	6,500		9,000		2,500		38.5%	
Maintenance and Repairs	2,000				(2,000)		-100%	
Contracted Services-Drug/Alcohol Counselor	20,597		20,597		-		0%	
Contracted Services-Bookkeeper	10,000		12,000		2,000		20%	
Contracted Services-Food Bank	15,600		15,600				0%	
Contracted Services-Counselor Supervisor	1,200		0		(1,200)		-100%	
Health Insurance	9,790		10,800		1,010		10%	
Total Expenditures	**312,106**		**312,353**		**247**		**0.1%**	

Expenditures by Expense Type

Name	Account ID	FY2023 Actual	FY2024 Actual	FY2025 Budgeted	FY2026 Budgeted	FY2026 Budgeted ($ Change)	FY2026 Budgeted (% Change)
Expense Objects							
Miscellaneous							
YOUTH AND FAMILY SERVICES	10544020-58820		$0	$244,559	$250,364	$5,805	2.4%
SPECIAL PROGRAM	10592020-58820	$231,406	$238,312	$0	$0	$0	0%
Total Miscellaneous:		**$231,406**	**$238,312**	**$244,559**	**$250,364**	**$5,805**	**2.4%**

Name	Account ID	FY2023 Actual	FY2024 Actual	FY2025 Budgeted	FY2026 Budgeted	FY2026 Budgeted ($ Change)	FY2026 Budgeted (% Change)
Total Expense Objects:		**$231,406**	**$238,312**	**$244,559**	**$250,364**	**$5,805**	**2.4%**