APPROVED

East Haddam Commission on Aging
COA Meeting Minutes
November 20, 2025 Senior Center

Present: Brad Parker, Jo Cozean, June Guertin, Mary Ellen Klinck, Maureen Gillis, Elaine Flaherty, Tom O'Brien

Absent: Heather Hunt, Barbara Davis, Joe Sina

Guests: none

Meeting called to order at 10:33 AM by J. Guertin. Mary Ellen and Tom will vote on any matters, replacing 2 absent members.

Minutes: The July 24, 2025 minutes were accepted by consensus.

Treasurer's Report: No change in account as reported by B. Parker.

Correspondence: None

Old Business

- Events Magazine: Jovita reported that extra copies have been delivered to both POs and to the Town Hall. However, they are still not being delivered to PO boxes; people need to ask for them. Progress made but will continue to pursue getting them delivered into the PO boxes.
- Senior Meals: Going well. MWF meals are from the State, but if there is a special event, Brad cancels and gets Hometown delivery (as the food is much better). Re: MOW, delivery is working well but some people don't like it. A couple recipients dropped off, but new recipients were added; total served is same. To make up for the lack of personal contact, a volunteer is visiting the MOW recipients, and a few others, every other week. The "Senior Center Sunshine Club" started the visits in September, and the volunteer brings the Newsletter or other items when available.

Coordinator's Report:

- Activity attendance is now at pre Covid numbers. The September 20th Anniversary celebration went well, and the *Jo Golec Activity Room* was officially named to honor the driving force behind getting the Center built. To celebrate National Senior Month in September, a picnic (with music) was held (good turnout, about 70 people). Some Seniors came to Halloween Bingo in costume, making this event even more fun than usual. Tom O'Brien has volunteered to help Seniors on Tuesdays and Thursdays, as needed, with computer and cell phone questions. The Selectmen held their first meeting last night and we should know who the Committee on Aging liaison is shortly. An Arts and Crafts program was started and will continue. Open Enrollment Counselors have helped with Medicare for 2 days, 1 more scheduled. Mary Ellen asked about having a Health and Wellness Fair, Brad indicated that having one every 2 years brings better attendance. We had one this year, so will schedule again for next year.
- Senior Calendar Items: See calendar in Newsletter. Highlights:
    - 12/6 Holiday Fair. Still hoping for more teacup auction items, as this (along with the bake sale) is the Center's biggest fundraiser.
    - 12/9 Bus to Aqua Turf for Holiday Show and Luncheon
    - 12/10 Annual Holiday Luncheon, almost fully signed up already. Turkey Dinner $5
    - 12/11 Project Jingles (volunteers reply to letters to Santa)
    - 12/17 Red Hats (which has grown) will have holiday luncheon in Saybrook

- 12/19 High School Trillium Chorus (at 11) will entertain, followed by lunch from Hometown.
- 12/29 New Year's annual luncheon, pasta/salad/ice cream

New Business: None.

First Selectman's Report: None

The next meeting is on January 22, 2026 at 10:30 AM at the Senior Center.

Motion to adjourn. Meeting adjourned at 11:05 AM.

Respectfully submitted by,

Maureen Gillis, Acting Secretary