DRAFT

East Haddam Commission on Aging
COA Meeting Minutes
January 27, 2022 Senior Center

Present: Brad Parker, Joe Sina, Jo Golec, Barbara Davis, Jovita Cozean, Maureen Gillis, June Guertin.
Absent: Elaine Flaherty, Sue Bostelman, Mary Ellen Klinck, Irene Haines

Meeting called to order at 10:34 AM by J. Sina.

Minutes: The November 2021 Minutes were accepted as presented. Motion to accept by J. Cozean and seconded by J. Golec.

Treasurer's Report: No change in account as reported by B. Parker.

Correspondence: None.

Old Business:

- Covid-19: Due to an uptick in cases, attendance was down at the Senior Center, but now people are starting to come back for activities.
- Nutmeg Pharmacy is doing vaccinations & boosters at Nutmeg because the request is lower, so not needed at Senior Center. Number of cases is decreasing.
- Covid testing had been moved to the Middle School or Municipal Building due to the amount of traffic.
- The Senior Center is passing out masks, sanitizer and test kits to homebound seniors and others who request or need. 100 packages were given out this week.

Coordinator's Report:

- Senior Meals: Congregate lunches have remained at a steady level – about 10-12 meals served per day. Meals from HomeTown Market have been very good and popular. HomeTown Market has been very helpful and everyone is happy with the meals. The charge for congregate lunch is $3.
- Attendance numbers through the end of December have significantly increased.
- New Year's Eve Party: there was a good turnout and lots of fun.
- There will be a St. Patrick's Day party on Thursday, March 17th with corned beef and cabbage.
- Dancersize Class will be starting on the 1st & 3rd Tuesdays of the month.
- Shopping & Reiki will only be on the 2nd Tuesday of March, as Candy & Anthony Nero will be away for the 4th Tuesday.
- Art Class: a new Art Class with Denny will begin in March.
- March will have a nighttime Bingo.
- There will be more activities coming up in the Spring.
- The Senior Club Executive Committee will be meeting to plan and discuss new ideas. A movie is planned for February, and possibly a Mystic Village trip in warmer weather.
- March: there will be a potluck supper toward the end of March.

- M. Gillis inquired whether a program or discussion about Mental Health & Isolation due to Covid is needed. B. Parker reported that he has made home visits and calls and from comments, seems to be getting better.
- J. Sina suggested a Book Club as a new program. B. Parker had previously brought this up, and there was no interest.
- M. Gillis suggested a day trip to Enders Island.

- J. Sina announced that M. Gillis is now certified to help with senior taxes. There are about 150 slots, and appointments must be made.
- B. Davis will not be here for the March COA meeting, and is asking that someone fill in to take minutes.
- Senior Resources office in Norwich for Medicare/Medicaid tax help: please call the office and leave a message.

New Business: None.

First Selectman's Report: None.

The next COA Meeting is scheduled for March 24, 2022 at 10:30 AM at the Senior Center.

A motion to adjourn was made by J. Cozean, seconded by J. Golec and carried. Meeting adjourned at 10:58 AM

Respectfully submitted by,

Barbara Davis, Secretary