DRAFT

East Haddam Commission on Aging
COA Meeting Minutes
May 25, 2023 Senior Center

Present: Brad Parker, Joe Sina, Jo Cozean, Barbara Davis, June Guertin, Mary Ellen Klinck, Elaine Flaherty

Absent: Jo Golec, Maureen Gillis, Sue Bostelman

Meeting called to order at 10:35 AM by J. Sina.

Minutes: The May 25, 2023 Minutes were accepted with a motion by J. Cozean, seconded by ME Klinck.

Treasurer's Report: No change in account as reported by B. Parker.

Correspondence: None

Old Business

- Senior Meals: Meal attendance numbers are creeping up. Meals on Tuesday and Thursday have always had better attendance, as the food comes from Hometown Market.
- There was a special lunch on Tuesday, May 30. It was a Polish Lunch on memory of Sophie Blaschik and was well attended.
- Covid-19: B. Parker has only heard of 2 recent cases, but they had been traveling and came home sick.
- There is word from Nutmeg Pharmacy that most probably there will be another vaccine for Covid in the Fall.
- Community Lions donated $500 to the Senior Center to be used for the meal program. Cost to the Senior Center for meals is about $800-$1,000 per month; and donation are about $400-500 a month.

New Business

- The Center's Gardens & Grounds were spruced up by the VoAg. Senior Center will have a picnic for the VoAg students on June 1st. There will be hot dogs, burgers & potato Salad.

First Selectman's Report: None.

Coordinator's Report:

- The Annual Picnic will be held on June 17th at 1 PM. Last year about 120 people attended. Nutmeg Pharmacy is planning to set up a 'Wheel of Fortune' game with prizes.
- Costa Rica: J. Sina visited Costa Rica and will make a presentation about his trip on June 21st.
- Reiki & Massage Therapy has been very popular and people are finding it hard to make appointments. It's possible another day will be added to the schedule.
- The Blood Pressure Clinic has started up again – sponsored by the Chatham Health District, it will be on the 1st Monday of the month from 12-1 PM.
- There will be a day trip to the Butterfly Conservatory in MA on June 28th.
- Good Guys: Nutmeg Pharmacy has given so much support to the Senior Center – monetarily and otherwise. They gave $3,000 for the senior picnic.

The next meeting is on July 27, 10:30 AM at the Senior Center.

Meeting adjourned at 10:55 AM

Respectfully submitted by,
Barbara Davis, Secretary