DRAFT

East Haddam Commission on Aging
COA Meeting Minutes
July 25, 2024 Senior Center

Present: Brad Parker, Joe Sina, Jo Cozean, June Guertin, Maureen Gillis, Elaine Flaherty, Barbara Davis, Mary Ellen Klinck
Guests: none

Meeting called to order at 10:32 AM by J. Sina.

Minutes: The May 2024 minutes were accepted with a motion by E. Flaherty and seconded by J. Cozean.

Treasurer's Report: No change in account as reported by B. Parker.

Correspondence: None

Old Business:

- Senior Meals: The Estuary backed out of its meal contract as of June 1, and a nationwide company "Mom's Meals" deliver directly to the Meals on Wheels client homes. Meals are frozen and clients receive meals for 2 weeks at a time.
- Congregate Meals: prepared by Future's Kitchen. Meals are very good. Today there are only 11 for lunch. Hometown Market is still providing meals on Tuesdays and Thursdays.
- Contracts for both companies are for 8 months.

New Business:

- The COA Board has an open Alternate position and an open Regular Board member position. Will discuss at the Sept. 26 meeting.
- Medicare: Open Enrollments begin in Oct.

Coordinator's Report:

- Before Covid attendance for the year at the Senior Center was about 24,000. This past FY, ending 6/30/24, we are at 23,310 and rising.
- The refrigerator is the original to the building in 2004-05 and needs to be replaced. Senior Club will pay for it. Cost estimated at about $1300.00.
- A Treadmill and Bicycle in the exercise room need to be replaced. The Senior Club will pay for that as well.
- Energy Savings: a talk about energy savings at the Senior Center on August 12 at 1:30 pm.
- East Haddam Lions Chicken BBQ: August 25th. It is free for all seniors, but must get a ticket from Brad.
- Sept. 4: Ivoryton Playhouse for "Escape to Margaritaville" show. $48.
- Sept. 17: George Fellner will present slides of his trip to Iceland at 7 pm.
- Sept. 18: A trip to the Aqua Turf in Southington for lunch and a show. $54.
- Sept. 26: Presentation by Nutmeg Pharmacy about rising drug costs and why they are going up.
- There will not be a bus to the Casino in Sept. due to the Ivoryton trip.
- Tonight: Pizza and Bingo. 50 People have signed up.

First Selectman's Report: None

The next meeting is on November 21, 2024 at 10:30 AM at the Senior Center.

Motion to adjourn by E. Flaherty, J. Guertin and carried. Meeting adjourned at 10:57 AM.

Respectfully submitted by,

Barbara Davis, Secretary