

**DRAFT**

**East Haddam Commission on Aging  
COA Meeting Minutes  
Special Meeting – December 2, 2024 Senior Center**

**Present:** Brad Parker, Joe Sina, Jo Cozean, June Guertin, Elaine Flaherty, Barbara Davis

**Absent:** Maureen Gillis, Mary Ellen Klinck

**Guests:** none

Meeting called to order at 10:30 AM by J. Sina.

**Minutes:** The July 2024 minutes were accepted with a motion by J. Cozean and seconded by E. Flaherty.

**Treasurer's Report:** No change in account as reported by B. Parker.

**Correspondence:** None

**Old Business:**

- Senior Meals: The number of people coming in for lunch is increasing. The catering company's meals (M,W,F) are very good. Hometown Market is still providing meals on Tuesday & Thursday. The Meals on Wheels meals are refrigerated and frozen and clients receive meals for 2 weeks at a time. This is going well, but Brad is concerned that the MOW clients don't have the daily contact and 'check' by the former MOW daily delivery people.
- The new freezer was delivered a week before Thanksgiving. This was paid for by the Senior Club.

**New Business:**

- Schedule of 2025 Meetings sent to Town Clerk and First Selectmen's office. Meetings will be held the 4<sup>th</sup> Thursday of January, March, May, July, September. November's meeting will be on the 3<sup>rd</sup> Thursday due to Thanksgiving. A motion was made to approve the calendar schedule by J. Cozean and seconded by J. Guertin. Motion carried.
- There are 2 vacancies on the COA Board: Regular and an Alternate. Tom O'Brien was suggested for the Alternate position and Heather Hunt for the Regular position. A motion was made by E. Flaherty and seconded by J. Cozean to approve these two new members. Motion carried. A letter was sent to the Selectmen's office for approval.

**Coordinator's Report:**

- The Senior Center use/programs numbers are on the rise.
- Pilates is drawing more participants. Today there were 19 participating.
- The Holiday Lunch will be on 12/10. Cost is \$5
- Something new: Shopping trip to Westfarms Mall on 12/11.
- There will be a Nutritional Education talk/discussion on 12/13.
- 12/24 & 12/31: Senior Center will close at Noon. Closed on 12/25 & 1/1/25.
- 12/30: New Year's Party at Noon. Cost is \$10.
- April (date TBD) Plans for a Health Fair. Let Brad know if you have any ideas or contacts.

**First Selectman's Report:** None

**The next meeting is on January 23, 2025 at 10:30 AM at the Senior Center.**

Motion to adjourn by E. Flaherty, J. Cozean and carried. Meeting adjourned at 11:00 AM.

Respectfully submitted by,

Barbara Davis, Secretary