DRAFT

East Haddam Commission on Aging
COA Meeting Minutes
January 23, 2025 Senior Center

Present: Brad Parker, Joe Sina, Maureen Gillis, Jo Cozean, June Guertin, Elaine Flaherty, Barbara Davis, Heather Hunt, Tom O'Brien
Absent: Mary Ellen Klinck
Guests: none

Meeting called to order at 10:30 AM by J. Sina.

Minutes: The December 2, 2024 minutes were accepted with a motion by J. Cozean and seconded by E. Flaherty.

Treasurer's Report: No change in account as reported by B. Parker. This COA account was made from the original donations when the Senior Center building was built. The Town pays $1,000 a year for special programs (aside from utilities). Donations pay for programs and events.

- There were 2 donations made in memory of Ralph Havens and Dick Parker.

Correspondence: None

Old Business: None

New Business: None

Coordinator's Report:

- The Board of Selectmen approved Heather Hunt (Regular Board member) and Tom O'Brien (Alternate) to the COA Board. They will receive a letter to this effect from the BOS.
- Senior Meals: From Feb. 1, 2025 through October 1, 2026 the senior meals program will stay with Kitchen Futures. They provide 10 days of meals for a 2-week period. It is sad that there is not a wellness check with the new system. These are delivered to homebound clients.
  -Jovita asked if there could be something could be set up to visit the MOW clients for a wellness check.
  -Brad will have a meeting with Senior Resources to discuss this.
- Senior Lunch at Senior Center: MWF meals are delivered from the state program. T&Th the lunch comes from Hometown Market.
- The Senior Center use/programs: monthly numbers are on the rise.
- The Westfarms Shopping trip in December went well, and there were requests to do it again.
- Next Week: Souper Bowl Party. So far there are 16 crock pot soups signed up.
- Valentine's Day: Free Ice Cream Social with strawberry ice cream.
- Feb. 12: Mystery Lunch
- April 28 from 4-7 PM: Plans for a Health Fair. Let Brad know if you have any ideas or contacts.
- Wine Tasting: coming up
- Coming Up: Cape Cod Trip in September
  Aqua Turf Christmas Show on Dec. 8, 2025.
- End of April: Volunteer Reception: date to be determined.
- East Haddam Democrats: Reception for Mary Ellen Klinck's 90th birthday. Saturday, March 8th at St. Stephen's from 4-6 PM. $35 pp.
- Tax Help: On Wednesdays, Begins 2/12/25, free, but must sign up.

(over)

First Selectman's Report: None

Motion to adjourn by J. Cozean, E. Flaherty, and carried. Meeting adjourned at 11:10 AM.

Respectfully submitted by,
Barbara Davis, Secretary

The next meeting is on March 27, 2025 at 10:30 AM at the Senior Center.