DRAFT

East Haddam Commission on Aging
COA Meeting Minutes
January 23, 2020

Present: Brad Parker, Alice Sabo, Joe Sina, Jo Golec, Barbara Davis, Jovita Cozean, Maureen Gillis, John Pagnani, Rob Smith
Absent: Sue Bostelman, Mary Ellen Klinck

Meeting called to order at 10:30 AM by J. Sina.

Minutes: No changes to the 11/21/19 Minutes. Minutes accepted by consensus.

Treasurer's Report: A. Sabo gave the Treasurer's Report. The Senior Center freezer stopped working over the holidays and a new one was purchased for $2,954.00. The account now has $2,443.33. This is a Town account that the COA controls.

Correspondence: None

Old Business:

- East Haddam Town-wide Survey: Events Magazine will come out about February 10th. The survey will be in the town-wide magazine. COA members will distribute 20 surveys each to about 12 local businesses in town with a folder/envelope for completed surveys. All surveys must be returned to the Senior Center by March 31, 2020.
- Senior Meals: Funding was reduced for meals. Depending on the exact amount, more money will have to be paid to Moodus BBQ for the 2x weekly meals delivery. Donations are still coming in for the meal program.
- Meals on Wheels: Some clients were receiving a single meal at lunch or a cold double meal for lunch and dinner. As of now, double meals and week-end meals are not being offered for new clients only. The First Church and Community Lions have been donating canned/dry goods for the past year. These donations are used to supplement MOW clients who need them. Extra items are given to the Food Bank.

New Business:

- The new Nutmeg Pharmacy owner, Greg, is planning to build a new Pharmacy. He is also planning to build a grocery store. There have been too many issues with Grist Mill landlord to use that space.
- Regional COA Meeting was held at the East Haddam Senior Center on January 16, 2020 from 1-3:30. Laura Crews and Alison Dvorak from the Senior Resources Agency on Aging based in Norwich were our speakers. Participating towns were E. Haddam, E. Hampton, Portland, Colchester. No representatives from Marlborough, Hebron, or Columbia.

Coordinator's Report:

- The New Year's Party was well attended, with Anthony Nero and his band providing the music.
- There has been a steady growth in the 2x week Tai Chi class, with about 25-30 people each session.

- There will be a Blood Mobile today, with most slots filled.
- The Senior Center Holiday Fair was held December 7, with $3,146 profit. Included was over $700 on the Bake Sale.
- There is a new storage cabinet in the conference room, paid for by the Senior Club.
- Tax filing prep and assistance begins on 2/12, every Wednesday through 4/12. Appointments needed.
- AV Project: it will cost about $10,000 to finish the project. The Senior Club has offered to pay. A new company will be doing the work.
- The January Mystery Lunch was on 1/22/20, and the place was Mitchell's on Main in Cromwell.
- Fuel Assistance requests have slowed down to several a week. There is a large amount of paperwork to qualify.

Upcoming Activities:

- Blood Pressure checks will be available the 1st Tuesday of the month from 10-12.
- 2/5: Craft Day with Candy Nero at 1 PM
- 2/12: Tax filing assistance begins
- 2/13: Pizza & Bingo, evening
- 2/14: Valentine's Day Ice Cream Social
- Reiki with Candy Nero 2x/month
- Massage with Cora 2x/month
- 2/19: Mystery Breakfast
- 3/26: Banker's Life Retirement Planning – speaker

Brad Parker was honored at a luncheon at St. Clement's Castle in Portland last week as the nominee of the East Haddam Community Lions 'Humanitarian of the Year'. Although he did not win as the Lions District 23C Humanitarian, he received several awards and commendations, and was up against about 18 other nominees from area Lions Clubs in District 23C. Congratulations Brad!

The next regular COA Meeting will be held at the Senior Center on March 26, 2020 at 10:30.
B. Davis will be out of state, and M. Gillis has offered to take minutes.

The next Regional COA Meeting will be held at the East Hampton Senior Center on April 16, 2020 at 1 PM

A motion to adjourn was made by A. Sabo, seconded and carried. Meeting adjourned at 11:32 AM

Respectfully submitted by,

Barbara Davis, Secretary