

Town of Plymouth
80 Main Street
Terryville, Connecticut 06786

Human Services Commission
Telephone: (860)585-4001
Fax: (860)585-4015

Human Services Commission Meeting Minutes
May 19, 2026

1. **Call to Order & Note Fire Exits:** Chairwoman Cathy Beaudoin called the May 19, 2026, Human Services Commission Meeting to order at 7:00 p.m. in the Mayor's conference room and noted the fire exits.
2. **Attendance:** PRESENT: Chairwoman Cathy Beaudoin, Vice-Chairman Mark Malley, Commissioner Sarah Sandshaw, Commissioner Morgan Hoadley, Commissioner Lee Ulinskas, Carin Grunwald and Helen Supsinskas from HRA and Councilwoman Sue Boilard.

3. **Pledge of Allegiance:**

Chairwoman Cathy Beaudoin led the group in the Pledge of Allegiance.

4. **Public Input:** None

5. **Acceptance of Minutes – April 21, 2026**

A motion was made by Commissioner Lee Ulinskas, seconded by Commissioner Sarah Sandshaw to accept the minutes of April 21, 2026. This motion was approved unanimously.

2026 MAY 27 AM 11:04
PLYMOUTH, CT
TOWN CLERK'S OFFICE
RECEIVED FOR RECORD
Sarah Sandshaw
TOWN CLERK

6. **Communications/Correspondence:** None
7. **Human Services Report:** *See attached report for April 2026.*

Carin Grunwald reported that Wesley Robinson dropped off housing applications for Scott Road apartments. This is going to be affordable housing.

Main Street Foundation gave a check for \$500.00 check that was sent to the landlord.

Helen Supsinskas and Carin Grunwald did outreach at Gosinski Park, the food pantry and attended the Rotary Club meeting.

8. **New Business:**
 - a. **Private Fund Request**

Chairwoman Beaudoin reported that Carin Grunwald reached out to her and Vice-Chairman Mark Malley to ask for \$500.00 to help with one month rent for a resident. Main Street Community Foundation agreed to pay \$500.00, as well.

The check was sent out to help with the mortgage payment.

9. **Old Business:**
a. **Scholarship**

Commissioners Morgan Hoadley and Sarah Sandshaw will present the check on Thursday.

10. **Monthly Financial Statement:**

No monthly financial report as Chairwoman Beaudoin has not met with the finance department.

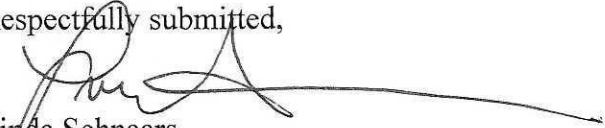
11. **Chairwoman's Comments:** None

12. **Council Liaison's Comments:** None

13. **Adjournment:**

There being no further business of the Human Services Commission, a motion was made by Commissioner Morgan Hoadley, seconded by Lee Ulinskasto adjourn. This motion was approved unanimously. The meeting ended at 7:20 p.m.

Respectfully submitted,



Linda Schnaars
Recording Secretary



Human Resources Agency of New Britain, Inc.
Community Services Department
Plymouth Human Services Monthly Report
April 2026

Submitted by: Helen Supsinskas
Carin Grunwald

Reporting Period: April 1, 2026 – April 30, 2026

Services	Total Count
Phone Calls	163
Walk-ins	17
Appointments	27
Energy Assistance	14
Housing Inquiries	8
Medicare/Medicaid/Husky/Access Health	13
SNAP Apps/Renewal/Food Bank Referrals/Farmers Market Cards	22
Private Town Fund /Rotary Fuel Bank	1
Senior Services - Home Care, Renters Rebate, Elder/Disabled Tax Reduction, EPS, CHORE Services, Mobility	20
Information Services – Legal, Mental Health Counseling, Homelessness, Financial Services, Employment/Training, Veterans Services, Volunteering, Transportation	99

Donations Shared With Community:

This month, an essential items bag was provided to a client who is on a limited income. Additionally, 2 gift cards were provided: a \$50.00 Dollar General gift card was given to a client who currently has no Income. A 50.00 Dollar General gift card was provided to a senior client on a fixed income.

Rotary Fuel Fund and Church Fund/Donations

Emergency Fuel Help Requests- 0

Town Fund Request- 1 Mortgage assistance request, commission approved a one-time payment of \$3,306.94.

Donations from the Community:

None to report this month

Energy Assistance:

The Energy program is currently open for those who heat with utilities. There were 14 energy related inquiries this month. There were 2 Energy Assistance appointments this month.

There were 12 requests for assistance with the WRAP program (water bill reduction) and CL&P for (shut off notices, matching payment plans, and the newly restructured tier levels.)



Human Resources Agency of New Britain, Inc.
Community Services Department
Plymouth Human Services Monthly Report
April 2026
Submitted by: Helen Supsinskas
Carin Grunwald
Reporting Period: April 1, 2026 – April 30, 2026

VITA Tax Services:

VITA Tax services began on January 29, 2026 and continued every Wednesday from 9am-12pm through April 8, 2026. Overall, the VITA program assisted 149 community members with filing their 2025 taxes at the Plymouth site location.

Community Outreach:

The case manager continues to provide the community with a range of informational resources. Case manager and Helen Supsinskas attended a Rotary meeting on April 29, 2026 and toured the Plymouth Food Pantry. Additionally, HRA and the Parks and Recreation Director have received approval for the \$950 mini grant from the Phyllis Corsetti Endowment Fund, which will be used to support the Back to School Movie Night scheduled for August 15, 2026.

Veterans Services:

None to report

Elder Services:

There were 8 inquiries about the Farmers Market cards. Cards will be available for distribution beginning in May. Cards are available for use starting in June and through the end of October. Clients must reapply yearly, and meet the qualifications for this benefit. 15 Renters Rebate requests and referrals to the tax department. 2 requests for senior housing assistance, 1 requests for Meals on Wheels. 2 requests for transportation.