

Town of Plymouth
80 Main Street
Terryville, CT 06786
www.plymouthct.us

PLYMOUTH, CT
TOWN CLERK'S OFFICE
RECEIVED FOR RECORD

2026 JUN 25 PM 2:37

Human Services Commission

Tel: (860)585-4043

Fax: (860)585-4015

Human Services Commission Meeting Minutes

June 16, 2026

Linda Schnaars
TOWN CLERK

Call to Order & Note Fire Exits: Chairwoman Cathy Beaudoin called the June 16th meeting to order at 7:01 pm, in the Mayor's Conference Room of Plymouth Town Hall and noted the fire exits.

Attendance: Present were Chairwoman Cathy Beaudoin, Commission member Morgan Hoadley, Vice-chairman Mark Malley, Commission member Sarah Sandshaw, and Carin Grunwald from HRA.

Pledge of Allegiance: Chairwoman Cathy Beaudoin led the commission in the Pledge of Allegiance.

Public Input: None

Acceptance of minutes: A motion was made by Commissioner Sarah Sandshaw, seconded by Commissioner Morgan Hoadley, to accept the minutes of the May 19, 2026 Human Services Commission meeting. The motion was approved unanimously.

Communications/Correspondence: Chairwoman Cathy Beaudoin reported that an email was sent to Recording Secretary Linda Schnaars from Bristol Senior Center Employee, Carrie Tedd. In the email Carrie stated that a Plymouth resident, who is a Human Services client, was frustrated with the services she is currently receiving. The client had come to Carrie, who she had worked with when Carrie was the HRA representative in Plymouth Town Hall, to try and get further assistance. The email was shared with the Mayor and the Human Services Commission. The Chairwoman noted that she recognized the client's last name so someone who the commission had help with financial resources in the past. The Chairwoman has spoken with Carin regarding the client and asked that Carin update the commission on the ongoing situation.

Carin informed the commission that this client has been receiving services and assistance since 2018, sometimes monthly. Since the email was received Carin met with her twice, once with her supervisor and once alone. Carin has been helping the client apply for assistance for her arrears rent but she received assistance in 2023 for the same issue. Cleveland fund and Main Street Foundation but his is a reoccurring issue. Gozinsky Park bears some responsibility for letting it accrue for 2 ½ years. There is a need for financial counseling and additional support. No one wants to see her homeless but there is a need for more than just financial assistance to resolve. Carin will continue to support the client. Commissioner Mark Malley thought the commission might want to update the Mayor so he understands the situation and that HRA has been helping the clients all along. The chairwoman did not think a formal response was necessary.

Town of Plymouth
80 Main Street
Terryville, CT 06786
www.plymouthct.us

Human Services Commission
Tel: (860)585-4043
Fax: (860)585-4015

Human Services Report: *See attached report May 2026*

Carin Grunwald reported that moving forward she will be sharing her Monthly report with the mayor. She informed the commission about the new Supplemental Pilot Dial-a Ride Services in town. Current system is not used enough so the Mayor, Public Works and Parks and Recreation Director are trying an alternative to get Seniors and the disabled to shopping, senior center amenities and appointments. The commission was generally in favor of the effort and might investigate a way to supplement the \$2 fee though funding from the Thomaston Savings bank or another resource. A question was raised about the Farmer's market cards. Carin explained that the clients need to look online to find where they can be used. She refers them to Bristol's market on Saturday mornings starting June 20th. The benefit is \$40 this year. Clients need to save their card from year to year. They can be reloaded but they are difficult to replace. There were no other questions about the report.

New Business: None

Old Business: Commission member Morgan Hoadley and Commission member Sarah Sandshaw did a wonderful job presented the scholarships at the Terryville High School Scholarship night.

Monthly Financial Report: Carin does not have a report because Finance does not have accurate numbers for any of the accounts. She has an idea of what should be in each account. She, Commission member Mark Malley and the Mayor are planning to meet with Anne Marie Rheault to agree on a starting point for all the accounts and then move forward correctly tracking income and expenses.

Chairwoman's Comments: None

Council Liason's Comments: Liaison was not present so no report.

Adjournment: There being no further business of the Plymouth Human Services Commission, Commission member Morgan Hoadley made a motion to adjourn at 7:31 pm and Commission member Sarah Sandshaw seconds. No discussion. The motion was approved unanimously.

Respectfully Submitted,

Maureen Cappetto

Maureen Cappetto
Acting Recording Secretary



Human Resources Agency of New Britain, Inc.
Community Services Department
Plymouth Human Services Monthly Report
May 2026

Submitted by: Helen Supsinskas
Carin Grunwald

Reporting Period: May 1, 2026 – May 31, 2026

Services	Total Count
Phone Calls	119
Walk-ins	14
Appointments	12
Energy Assistance	13
Housing Inquiries	6
Medicare/Medicaid/Husky/Access Health	15
SNAP Apps/Renewal/Food Bank Referrals/Farmers Market Cards	21
Private Town Fund /Rotary Fuel Bank	1
Senior Services - Home Care, Renters Rebate, Elder/Disabled Tax Reduction, EPS, CHORE Services, Mobility	9
Information Services – Legal, Mental Health Counseling, Homelessness, Financial Services, Employment/Training, Veterans Services, Volunteering, Transportation	69

Donations Shared With Community:

This month, an essential items bag was provided to a client who is residing long-term in a hotel. Additionally, four gift cards were distributed to community members in need:

- A \$50.00 Dollar General gift card was provided to a client who had a loss of income and is in the process of applying for SNAP benefits.
- A \$50.00 Dollar General gift card was provided to a client who recently lost SNAP benefits due to new eligibility requirements.
- A \$50.00 Dollar General gift card was provided to a senior client on a fixed income who needed household supplies.
- A \$50.00 Adams gift card was provided to a primarily homebound client on a fixed income to assist with food needs.

These resources helped address immediate financial and household needs for vulnerable community members during the month.

Rotary Fuel Fund and Town Private Fund

Emergency Fuel Help Requests-0

Town Fund Request- 1 Rental assistance request of \$1000.00, commission approved a one time payment of \$500.00. Case manager sourced funding from the Main Street Community foundation for the additional \$500.00.



Human Resources Agency of New Britain, Inc.
Community Services Department
Plymouth Human Services Monthly Report
May 2026
Submitted by: Helen Supsinskas
Carin Grunwald
Reporting Period: May 1, 2026 – May 31, 2026

Donations from the Community:

None to report this month

Energy Assistance:

The Energy program is currently open for those who heat with utilities. There were 13 energy related inquiries this month. There were 8 Energy Assistance appointments this month. There were 5 requests for assistance with the WRAP program (water bill reduction) and CL&P for (shut off notices, matching payment plans, and the newly restructured tier levels.)

VITA Tax Services:

Vita Tax services will begin in January 2027. Questions regarding the 2026 season are referred to the VITA program directly.

Community Outreach:

The case manager continues to provide the community with a range of informational resources. The most requested topics include Teens and Vaping, Women's Mental Health, and Strategies for Managing Divorce.

HRA and the Parks and Recreation Director will host the second annual Back to School Move night on August 22, 2026. @ Ososki Park.

The Case Manager will be presenting a three part educational series for local seniors in collaboration with the Parks and Recreation Department. The series will focus on computer literacy, including creating and managing email accounts, using mobile apps, navigating social media platforms, and developing basic technology skills.

This collaboration aims to increase seniors confidence and comfort with technology, enhance their ability to connect and socialize through digital platforms, and provide tools for navigating an increasingly technology driven society.

Veterans Services:

None to report

Elder Services:

There were 9 inquiries about the Farmers Market cards. Cards will be available for distribution beginning in June. Clients must reapply yearly, and meet the qualifications for this benefit. 5 Renters Rebate requests and referrals to the tax department. 3 requests for senior housing assistance, 0 requests for Meals on Wheels. 1 requests for transportation.