

~~SHARING MEDICAL INFORMATION BETWEEN SCHOOL AND HOME~~

**PHYSICAL EXAMINATION REQUIREMENT AND SHARING INFORMATION
BETWEEN SCHOOL AND HOME**

By law and to protect the health and safety of students, it is important that certain medical information about students be shared between home and school. The purpose of this policy is to prescribe the process and circumstances for information sharing.

I. DEFINITIONS

For purposes of this policy, a "physical examination" is a health assessment conducted by a "Qualified Healthcare Provider" (M.D., D.O., Nurse Practitioner, or Physician's Assistant) following professionally accepted standards of practice. The purpose of the physical examination is to assess health, identify health conditions amenable to early intervention, and provide treatment to correct or ameliorate health problems found.

II. SCHOOL PROVIDED EXAMINATIONS

Cape Elizabeth nursing staff **may** conduct medical screening required by Maine law.

III. STUDENT HEALTH HISTORY **FORM** IN POWERSCHOOL

A **Student** Health History Form completed by parents in PowerSchool is required for all students each year by the beginning of school. In order to allow time for review of the **Student** Health History **Form** by the school nurse, students participating in a fall sport must have their health history data submitted no later than two weeks before the start of ~~preseason~~ **the sports season**. Students will not be permitted to begin their sports season until the **Student** Health History **Form** has been reviewed by the school nurse.

IV. CHANGES IN CONDITION AND INJURIES

Students who have major injuries or a significant change in health status, as determined by the school nurse **or athletic trainer**, will require clearance, in writing, from a Qualified Healthcare Provider prior to resuming participation in physical education or athletic competition. For the purpose of this provision "major injuries" or a "significant change in health status" includes but is not limited to any medical condition requiring surgery, any concussions (see Policy JJIAA), or any new diagnosis of asthma, allergies, or diabetes.

V. REQUIRED PHYSICAL EXAMINATION FOR ALL STUDENTS ~~IN GRADES 7, 9
AND 11~~ IN PARTICIPATING **IN** MIDDLE SCHOOL AND HIGH SCHOOL SPORTS

- A. **Requirement:** In order to be eligible to participate in a school sports program, all students ~~entering grades 7, 9 and 11~~ are required to have a record of a physical

examination. ~~conducted within the same calendar year before the student's start of that grade.~~ A Student Physical Examination Record must be submitted to the school nurse documenting ~~that physical examination~~ **the date the physical exam was done and specifying full clearance to participate in the athletic activity or indicate any necessary restrictions.** Physicals are valid for two years from the date of the exam and must not expire in the middle of an athletic season. If the physical exam has expired, a medical note stating medical clearance and the date of the next scheduled physical is acceptable and will be valid until the date of the scheduled physical.

- B. The **Student** Physical Examination Record is in addition to the **Student** Health History Form required of all students.
- C. In order to allow time for review of the **Student** Physical Examination Record, it must be submitted no later than two weeks before the start of ~~preseason~~ **the sports season.** Students will not be permitted to begin their sports season until the **Student** Physical Examination Record has been reviewed by the school nurse.

VI. SHARING OF INFORMATION WITH SCHOOL STAFF

Results of the health history and physical examination will be entered on each student's school health record. The school nurse may share information from the record with school personnel who have a legitimate interest related to the student's education, health, or safety, including but not limited to teachers, coaches, activity advisors, trainers, and bus drivers.

Cross Reference: JJIAA – Student Sports - Concussions and Head Injuries
JJJ – High School Co-Curricular and Extracurricular Activities Eligibility and Code of Conduct

Adopted: March 14, 1995
Revised: June 9, 2010
June 14, 2011
December 9, 2014